



## Community Paramedicine @Clinic program - NOW AVAILABLE



### What is CP@clinic?

The CP@clinic offers you a free health check, conducted by a community paramedic and/or nurse. The clinic has been designed for management or prevention of chronic disease. Community paramedics and nurses use their expertise and knowledge to conduct health assessments and provide you with advice. The CP@clinic helps you to improve your health.

### The CP@clinic aims to:

- Reduce calls to 000
- Improve participants quality of life through self-care
- Reduce Chronic Disease Risk
- Connect participants with primary healthcare where appropriate
- Empower participants to take control of their health

### What can CP@clinic do for me?

- Answer your questions about your health
- Provide personalised health advice
- Connect you with health and well being resources in the community

### What is a community paramedic?

A community paramedic is trained to assist people with managing their health outside the emergency setting.

## At a CP@teams session, the community paramedic may:

- Ask some questions about your health
- Review your medications
- Take your blood pressure
- Ask you to do a walking test
- Give you health advice and information
- Set health goals with you
- Connect you with your primary care provider and other community resources

## What happens to my personal information?

All of your personal information will be kept private and confidential.

It will not be shared with anyone or any community services without your consent.

### Client testimonials




*"I told the CP@clinic paramedic I was getting headachy. He found my blood pressure was 190 and told me to go to my family doctor. My doctor diagnosed me with atrial fibrillation and told me I could have had a stroke. Now I take pills and I'm feeling better."*

*"When you get older and you're sitting alone in your house, and you think something is wrong, you call an ambulance to get it checked out. But now the CP@clinic comes close by, you sit down and talk to them, and you find out it's not something you needed to go to the hospital for...you get peace of mind."*

*Disclaimer: CP@clinic is not an emergency or crisis service. If you require urgent, emergency medical assistance, please call 000.*

### FOR MORE INFORMATION

 Please call our friendly Consumer Care team on 5823 3200, or visit [primarycareconnect.com.au/CP@Clinic](http://primarycareconnect.com.au/CP@Clinic)

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